

EERSTERIVIER ATHLETIC CLUB

15 KM Road Race

& 4 KM

FUN RUN

VENUE : STRATFORD PRIMARY SCHOOL

RACE ENTRY FEES

15 KM licensed athlete (including juniors) :R150

15 KM UNLICENCED ATHLETE :R230

4 km fun run :R50

70 YRS +FREE

medals: 15 km 1200 finisher/ 4 km 150 finisher

lucky draw prizes for 15km & fun run

SATURDAY | 5 JULY 2025

REGISTRATION: ONLINE - @ NINJA WWW.ENTRYNINJA.COM/ENTRIES CLOSE 30 JUNE 2025

FOR MORE INFORMATION:

OLIVIA : 0675740213

HENRY :0616325564

**Manual Entries also accept on day of
Race from 05h00**

Pre -Race Collection on Friday 4 July from 15h00-19h00 @Stratford Primary School



**CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD**

Making progress possible. Together.



WESTERN PROVINCE ATHLETICS

MEN / WOMEN	1st	2nd	3rd
OPEN	R 1300	R 900	R 700
40-49	R 700	R 500	R 400
50-59	R 700	R 500	R 400
60-69	R 700	R 500	R 400
70+	R 600	R 400	R 300
15-19	R 700	R 500	R 400

TEAMS PRIZE (MEN&WOMEN) 4XR200

RACE RULES:

1. The Eerste River 15km road race and 4km fun run in accordance with the rules of ASA and WPA (Walkers are welcome in the 15km)
2. **Enter online: www.entryninja.com, Any enquiries relating to online entries can be directed to support @ entryninja.com, contact number 0870125044 and live chat (<https://www.entryninja.com/contact>).**
3. Athletes running the 15km must be older than 15 years on the day of race.
4. In the Fun Run children under 10 years must be accompanied by an adult
5. Temporary licenses will be available at registration. When registering, participants must complete and hand in tear-off strip from the number in order to be eligible to compete. Temporary license to be worn on the chest.
6. Licence athletes must wear their 2025 ASA/WPA license on the front and back of their vest. No race bib will be issued
7. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
8. Unlicensed runners must wear plain clothes (no advertising permitted).
9. No personal seconding will be allowed on the route, except at official refreshment stations.
10. In addition to overall (Open prizes, participants will only be eligible for an age category prize in the age category they enter.)
Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
11. Juniors (born from 2006 onwards) wearing junior or senior license must wear an age category (J) tag to qualify for age group prizes.
12. Entry race cards must be in athlete's possession at all times during the race and handed in at the results board at the finish.
13. All traffic officers and marshals must be obeyed.
14. The race organizers reserve the right to accept or reject any entry
15. The entry fee is non-refundable
16. Kilometre markers will be placed at each kilometre mark.
17. Refreshments stations will be situated approximately every 3km.
18. There will be a tog bag facility available at own risk. The organizers, Eersterivier Athletics Club, as well as Western Province Athletics will not be held responsible for loss or damages. **Do not leave valuables or cash in your bag.**
19. Toilets will be available
20. Parking is available on the school grounds, in front and behind Shoprite Shopping Centre
21. Prize Giving will take place at 10:00 on the Stratford Primary School Sport field.
22. The use of music players with headphones are not allowed and must result in disqualification.
23. Wheelchair athletes must please contact the organizers timeously to discuss arrangements for their participation
24. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the finish. Report offenders to the referees.
#RunClean.
25. Detailed rules are available on www.wpa.org.za or on request from the organizers or the WPA office.
26. Protection of personal information-Runners agree that their personal information is provided to the race organiser to organize the event. Such information may be shared with Entry Ninja.
27. **DISCLAIMER:** Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies and all persons assisting in staging the event from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.

**Please DO NOT LEAVE any
valuables in your car**